

# Some Supplications of Rasulullah in his solat

## ***In the opening (Istiftah)***

One is given the option to recite only one of the following. However, if one is praying alone, or the 'jama'ah' which he may be leading agrees for him to read longer, then he may combine all of them:

اللَّهُ أَكْبَرُ كَبِيرًا، وَالْحَمْدُ لِلَّهِ كَثِيرًا، وَسُبْحَانَ اللَّهِ بُكْرَةً وَأَصِيلًا.

It means, "Allah is Most Great. Much praise is for Allah. And I declare the perfection of Allah in the early morning and in the late afternoon".

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، وَتَبَارَكَ اسْمُكَ، وَتَعَالَى جَدُّكَ، وَلَا إِلَهَ غَيْرُكَ.

It means, "How perfect You are, O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshiped except You."

وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا مُسْلِمًا وَمَا أَنَا مِنَ الْمُشْرِكِينَ. إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ. لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ.  
اللَّهُمَّ أَنْتَ الْمَلِكُ، لَا إِلَهَ إِلَّا أَنْتَ، أَنْتَ رَبِّي وَأَنَا عَبْدُكَ، ظَلَمْتُ نَفْسِي وَاعْتَرَفْتُ بِذُنُوبِي، فَاعْفُرْ لِي ذُنُوبِي جَمِيعًا، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، وَاهْدِنِي لِأَحْسَنِ الْأَخْلَاقِ، لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ. وَأَصْرِفْ عَنِّي سَيِّئَهَا، لَا يَصْرِفُ عَنِّي سَيِّئَهَا إِلَّا أَنْتَ. لَبَّيْكَ وَسَعْدَيْكَ، وَالْخَيْرُ كُلُّهُ فِي يَدَيْكَ، وَالشَّرُّ لَيْسَ إِلَيْكَ، أَنَا بِكَ وَإِلَيْكَ، تَبَارَكْتَ وَتَعَالَيْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

It means, "I have turned my face sincerely, towards He who has brought forth the heavens and the Earth, and I am not of those who associate others with Allah. Indeed my solat (prayer), my sacrifice, my life and my death are for Allah, Lord of the worlds, no partner has He, with this; I am commanded and I am of the Muslims.

O Allah, You are the Sovereign, none has the right to be worshiped except You. You are my Lord, and I am Your servant. I have wronged my own soul, and have acknowledged my sins, so forgive me all my sins, for no one forgives sins except You. Guide me to the best of characters, for none can guide to it other than You, and deliver me from worst of characters, for none can deliver me from it other than You. Here I am, in answer to Your call, happy to serve You. All good is within Your hands, and evil does not stem from You. I exist by Your will, and will return to You. Blessed and High are You, I seek Your forgiveness and repent unto You."

So, after you have said some or all of the above, with full focus, you are set to be in sweetness of solat, insha Allah!

## ***Al-Fatihah***

Abu Hurairah narrated a Hadeeth authenticated by Imam Muslim that he heard Rasulullah saying:

قَالَ اللَّهُ تَعَالَى: "قَسَمْتُ الصَّلَاةَ بَيْنِي وَبَيْنَ عَبْدِي نَصْفَيْنِ، وَلِعَبْدِي مَا سَأَلَ". فَإِذَا قَالَ الْعَبْدُ "الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ"، قَالَ اللَّهُ تَعَالَى: "حَمِدَنِي عَبْدِي". وَإِذَا قَالَ "الرَّحْمَنَ الرَّحِيمَ"، قَالَ اللَّهُ تَعَالَى: "أَنْتَى عَلَيَّ عَبْدِي". وَإِذَا قَالَ "مَالِكِ يَوْمَ الدِّينِ"، قَالَ: "مَجَدَّنِي عَبْدِي" - وَقَالَ مَرَّةً: "فَوَضَّ إِلَيَّ عَبْدِي". فَإِذَا قَالَ "إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ"، قَالَ: "هَذَا بَيْنِي وَبَيْنَ عَبْدِي، وَلِعَبْدِي مَا سَأَلَ". فَإِذَا قَالَ "إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ. صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ"، قَالَ: هَذَا لِعَبْدِي وَلِعَبْدِي مَا سَأَلَ".

It means, "I heard the Messenger of Allah, s.a.w. saying, "Allah said: "I have divided solat between Myself and My slave into two halves, and My slave shall have what he asks for." When the slave says: "Al-hamdu lillahi rabbi l-alamin (All the praises and thanks be to Allah, Lord of the worlds", Allah says: 'My slave has praised Me.'

And when he says: "Ar-Rahmaan ir-Raheem (The Most Gracious, the Most Merciful), Allah (mighty and sublime be He)" says: 'My slave has extolled Me.' When he says: "Maaliki yawm id-deen (The Only Owner (and the Only Ruling Judge) of the Day of Resurrection)", Allah says: 'My slave has glorified Me' - and on one occasion He said: 'My slave has submitted to My power.'

And when he says: "Iyyaaka na'budu wa iyyaaka nasta'een (You (Alone) we worship, and You (Alone) we ask for help)", He says: 'This is between Me and My slave, and My slave shall have what he is asking for.'

And when he says: "Ihdina's-siraata'l- mustaqeem, siraat alladheena an'amta alayhim ghayril-maghdooobi alayhim wa la' d-daalleen (Guide us to the Straight Way. The way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger, nor of those who went astray)", He says: 'This is for My slave, and My slave shall have what he has asked for.'"

**If this 'frequently recited', yet unique conversation takes place with concentration, when Allah responds to us and says "This is for My slave, and My slave has what he has asks for", this means that; we are granted hidayah; a guide to the right path; the path of those whom Allah has bestowed His Grace. Moreover, we are protected from been on the path of those who earned His anger or has gone astray. Again, Allah will never say it wrong!**

وَأَقِمِ الصَّلَاةَ، إِنَّ الصَّلَاةَ تَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ، وَلَذِكْرُ اللَّهِ أَكْبَرُ، وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ

*It means, "... and establish solat. Indeed, solat prohibits immorality and wrongdoing, and the remembrance of Allah is greater. And Allah knows that which you do." [Al-Ankabout, 29:45].*

### **While Bowing (In the state o f Ruku')**

Rasulullah, s.a.w. would supplicate with either of the following or all combined according to different situations.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

It means, "How Perfect my Lord is, The Supreme."

سُبُّوحٌ قُدُّوسٌ رَبُّ الْمَلَائِكَةِ وَالرُّوحِ.

It means, "Perfect and Holy (He is), Lord of the angels and the soul (Rouh, i.e. Jibril).

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ. اللَّهُمَّ اغْفِرْ لِي.

It means, "How Perfect You are, our Lord, and I praise You. O Allah, forgive me".

اللَّهُمَّ لَكَ رَكَعْتُ، وَبِكَ آمَنْتُ، وَلَكَ أَسَلْتُ. خَشَعَ لَكَ سَمْعِي وَبَصْرِي وَمُنْحِي وَعَظْمِي وَمَا اسْتَفَلَّتْ بِهِ قَدَمِي لِلَّهِ رَبِّ الْعَالَمِينَ.

It means, "O Allah, unto You I have bowed, and in You I have believed, and to You I have submitted. My hearing, sight, mind, bones, tendons and what my feet carry are humbled before You."

### **When rising up from Ruku'**

When Rasulullah, s.a.w. rose up from ruku', he would go back to his normal position; to allow every part of his blessed body to go back to their normal positions. He would then, say the following; with concentration:

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ.

It means, "May Allah answer he, who praises Him."

رَبَّنَا لَكَ الْحَمْدُ، حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ، مِلءَ السَّمَاوَاتِ وَمِلءَ الْأَرْضِ وَمِلءَ مَا بَيْنَهُمَا، وَمِلءَ مَا شِئْتَ مِنْ شَيْءٍ بَعْدُ. أَهْلَ الثَّنَاءِ وَالْمَجْدِ، أَحَقُّ مَا قَالَ الْعَبْدُ، وَكُلُّنَا لَكَ عَبْدٌ، لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ.

It means, "Our Lord, for You is all praise, an abundant beautiful blessed praise. The heavens and the Earth and all between them abound with Your praises, and all that You will abound with Your praises. O Possessor of praise and majesty, the truest thing a slave has said (of You) and we are all Your slaves. O Allah, none can prevent what You have willed to bestow and none can bestow what You have willed to prevent, and no wealth or majesty can benefit anyone, as from You is all wealth and majesty."

### **While prostrating (In the state of Sujud)**

In sujud, Rasulallah would normally sing Allah the best of praises. However, the first of following supplications is the basic and essential. You may recite more according to your situation.

سُبْحَانَ رَبِّيَ الْأَعْلَى

It means, "How Perfect my Lord is, The Most High."

سُبُوْحٌ قُدُّوسٌ، رَبُّ الْمَلَائِكَةِ وَالرُّوحِ.

It means, "Perfect and Holy (He is), Lord of the angels and the soul (Rouh, i.e. Jibril)."

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ، اللَّهُمَّ اغْفِرْ لِي.

It means, "How Perfect You are, our Lord, and I praise You. O Allah, forgive me".

اللَّهُمَّ لَكَ سَجَدْتُ، وَبِكَ آمَنْتُ، وَلَكَ أَسَلْتُ، سَجَدَ وَجْهِي لِلَّذِي خَلَقَهُ وَصَوَّرَهُ، وَشَقَّ سَمْعَهُ وَبَصَرَهُ، تَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ.

It means, "O Allah, unto You I have prostrated and in You I have believed, and unto You I have submitted. My face has prostrated before He, Who created it and fashioned it, and brought forth its faculties of hearing and seeing. Blessed is Allah, the Best of creators."

اللَّهُمَّ أَعُوذُ بِرِضَاكَ مِنْ سَخِطِكَ، وَبِمُعَافَاتِكَ مِنْ عُقُوبَتِكَ، وَأَعُوذُ بِكَ مِنْكَ، لَا أَحْصِي ثَنَاءً عَلَيْكَ، أَنْتَ كَمَا أَثْنَيْتَ عَلَيَّ نَفْسِكَ.

It means, "O Allah, I take refuge within Your pleasure from Your displeasure and within Your pardon from Your punishment, and I take refuge in You from You. I cannot enumerate Your praise. You are as You have praised Yourself."

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي كُلَّهُ، دِقَّةً وَجِلَّةً، وَأَوَّلَهُ وَآخِرَهُ، وَسِرَّهُ وَعَلَانِيَتَهُ.

It means, "O Allah, forgive me all of my sins, the small and the great of them, the first and last of them, and the seen and hidden of them."

### **Between the two sujud**

When he, s.a.w. sits, up from sujud, and expecting to go down, for another, he doesn't just relax. He would say, s.a.w.:

رَبِّ اغْفِرْ لِي.. رَبِّ اغْفِرْ لِي..

It means, "My Lord, forgive me, My Lord, forgive me."

رَبِّ اغْفِرْ لِي، وَارْحَمْنِي، وَاجْبُرْنِي، وَارْفَعْنِي، وَارْزُقْنِي، وَاهْدِنِي.

It means, "My Lord, forgive me, have mercy upon me, guide me, enrich me, give me health, grant me sustenance and raise my rank."

### ***In the end***

Rasulullah, s.a.w. would say either one of the following forms of tashahhud:

التَّحِيَّاتُ لِلَّهِ، وَالصَّلَوَاتُ وَالطَّيِّبَاتُ. السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ. السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ. أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

It means, "Glorifications (of any kind) is for Allah. All acts of worship and good deeds are for Him. Peace and the Mercy and Blessings of Allah be upon you, O the Messenger. Peace be upon us and all of Allah's righteous servants. I bear witness that none has the right to be worshiped except Allah, and Muhammad is His slave and Messenger".

التَّحِيَّاتُ الْمُبَارَكَاتُ الصَّلَوَاتُ الطَّيِّبَاتُ لِلَّهِ. السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ. السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ. أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ.

It means, "Glorifications (of any kind), Blessings, all acts of worship and good deeds are for Allah. Peace and the Mercy and Blessings of Allah be upon you, O the Messenger. Peace be upon us and all of Allah's righteous servants. I bear witness that none has the right to be worshiped except Allah, and Muhammad is Messenger of Allah".

التَّحِيَّاتُ الطَّيِّبَاتُ الصَّلَوَاتُ لِلَّهِ. السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ. السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ. أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.

It means, "Glorifications (of any kind), good deeds and all acts of worship are for Allah. Peace and the Mercy and Blessings of Allah be upon you, O the Messenger. Peace be upon us and all of Allah's righteous servants. I bear witness that none has the right to be worshiped except Allah, and Muhammad is His slave and Messenger".

In the last 'tashahhud', after one has recited one of the above, they have to recite the following solawat:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ. اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ.

It means, "O Allah, send prayers upon Muhammad and the family of Muhammad, just as You sent prayers upon Ibrahim and upon the family of Ibrahim. Verily, You are full of praise and majesty. O Allah, send blessings upon Muhammad and upon the family of Muhammad, just as You sent blessings upon Ibrahim and upon the family of Ibrahim. Verily, You are full of praise and majesty."

After the above solawat, one may recite only one of the following supplications, or all combined (in the last tashahhud); before salam.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ، وَمِنْ عَذَابِ الْقَبْرِ، وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ.

It means, "O Allah, I take refuge in You from the punishment of the grave, from the torment of the Fire, from the trials and tribulations of life and death and from the evil affliction of Al-Maseeh Al-Dajjaal."

اللَّهُمَّ اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ وَمَا أَسْرَفْتُ، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي، أَنْتَ الْمُقَدِّمُ وَأَنْتَ الْمُؤَخِّرُ، لَا إِلَهَ إِلَّا أَنْتَ.

It means, "O Allah, forgive me for those sins which have come to pass as well as those which shall come to pass, and those I have committed in secret as well as those I have made public, and where I have exceeded all

bounds as well as those things about which You are more knowledgeable. You are The Expediter and The Delayer. None has the right to be worshiped except You."

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا كَبِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ، وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ.

It means, "O Allah, I have indeed oppressed my soul excessively and none can forgive sins except You, so forgive me a forgiveness from Yourself and have mercy upon me. Surely, You are The Most-Forgiving, The Most Merciful."

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ. اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَى وَالتَّقْيَ وَالْعَفَافَ وَالْغِنَى.

It means, "O Allah, I seek from You pardon and safety. O Allah, I seek from You guidance, piety, chastity and wealth".

### ***Lastly***

'Assalamu alaikum warahmatullah'... to the right and to the left; and your solat is over. However, Rasulullah would stay back after solat, for another 5 minutes. It's not easy to leave someone you are dearly in love with like that. So, during that five minutes, he, s.a.w. would say and supplicate the following:

أَسْتَغْفِرُ اللَّهَ (3x)

It means, "I ask Allah for forgiveness."

اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ.

O Allah, You are The Source of Peace (Al-Salam) and from You is all peace, blessed are You, O Possessor of majesty and honour."

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ.

It means, "None has the right to be worshiped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent. O Allah, none can prevent what You have willed to bestow and none can bestow what You have willed to prevent, and no wealth or majesty can benefit anyone, as from You is all wealth and majesty."

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ. لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ.

It means, "None has the right to be worshiped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent. There is no might, nor power except with Allah. None has the right to be worshiped except Allah and we worship none except Him. For Him is all favour, grace and glorious praise. None has the right to be worshiped except Allah and we are sincere in faith and devotion to Him, although the disbelievers detest it."

سُبْحَانَ اللَّهِ (33 Times)

الْحَمْدُ لِلَّهِ (33 Times)

اللَّهُ أَكْبَرُ (33 Times)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

They mean:

"How Perfect Allah is."

"All praise is for Allah."

"Allah is the greatest."

"None has the right to be worshiped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent."

And after this, one may recite the following:

- Ayatul Kursi
- Surah Al-Ikhlās
- Surah Al-Falaq
- Surah Al-Naas